



Acknowledgements:

Thanks to the Earl and Countess of Moray for allowing us to use their working Estate today. Particular thanks to Ben Clinch, Estate Woodlands Manager, for all his team's help in moving fallen trees, cutting grass, and laying hard-core.

Remember- no bib, no go (including colour coded courses).

Double enjoyment on the hill? Can you help collect controls? If so please go to Information at 5:50 p.m. WOC will be out until then.

Nessie News

Welcome to Darnaway SE

Day 3: Darnaway SE Wednesday 5th August 2015

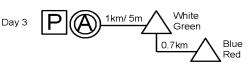
Nearest town: Forres

OS Grid: NH994569 PostCode: IV36 2SW

Information for Day 3 (Today!!)

As on other days please clean shoes, buggies etc

Starts1km to White/Green Starts along private closed road and forest track, suitable for children's buggies. Further 700m to Blue/Red Starts involving some taped sections off-track. Negligible climb



to either start. The route to both starts is along a private road which will be closed for the duration of the event except for emergency or estate vehicles. The only exception to this will be cars transporting the WOC relay athletes to quarantine between 1240 and 1340, and the car taking the athlete's kit from quarantine to the arena. Please take care on the walk to the starts and give way to any vehicle encountered.

A small number of toilets will be available on the route to the Starts

Courses All courses except those of TD1-3 (courses 1-4) are middle distance with expected winning times of 30-35 minutes.

Map: The map will be at 1:7500 scale for all courses.

Terrain: Darnaway is a large, well-managed forest owned by Moray Estates. There are areas of mature runnable beech forest and other areas containing denser mixed-variety trees. The terrain is rolling with some complex contour detail and intricate path networks.

Safety Information: The area is bounded at the eastern end by the River Findhorn which lies within a steep gorge. The courses are planned to avoid the river. Darnaway Forest is sometimes used by other walkers, horse-riders, and fishermen with rights at the river. – please treat them all courteously. **String courses :** In the castle garden area adjacent to the Arena, en route to the Starts. The area contains some steep banks and the course is therefore not suitable for buggies. Due to conflicts between the String course and WOC athlete holding areas <u>the String course will be open reduced times today, from 09:30-13:30.</u> Thanks to RAF Lossiemouth for today's prizes

Special Info: Exclusion area round family cemetery.

There is an Out of Bounds area, taped on the ground and shown on the start lane maps, but not on the competition maps.

The day is shared with the WOC relay event ensuring plenty of interest and excitement including a big screen within the Arena.



Information for Day 4 : Darnaway W (Thursday 6th) IV36 2SW

From Inverness follow A96 for 23 miles through Nairn and just beyond Brodie. Turn R onto minor road signed Whitemire/Conicavel. Follow O signs onto Estate tracks to parking field..

Last arrival by 12:30. No Exit before 12:30. Due to wet weather there will be ONE WAY working 12:30 to 14:30 15 mins outbound traffic – 15 minutes inbound traffic



About Forres

Forres (<u>/'fpris/</u>; <u>Scottish Gaelic</u>: Farrais) is a town and former <u>royal burgh</u> situated Moray coast, approximately 25 miles east of <u>Inverness</u> and 12 miles west of <u>Elgin</u>.

The earliest written reference to Forres may be the Οὐάραρ εἴσχυσις ('Varar Estuary') mentioned in the second century <u>Geography</u> of <u>Claudius Ptolemy</u>. A royal castle was in the area from at least 900 AD, and around 1140 AD Forres became a royal burgh. <u>Royal burghs</u> were founded by the <u>Kings of Scots</u> of the 12th century to encourage trade and economic improvement.

On 23 June 1496 King James IV of Scotland issued a Royal Charter laying down the rights and privileges that the town's people are believed to have held by an earlier charter since the reign of King David I some 300 years earlier.

The population of Forres has grown in recent years and now has over 12000 inhabitants.^[2] Sitting between the <u>floodplain</u> of the <u>River Findhorn</u> and the wooded slopes of <u>Cluny</u> and Sanquhar Hills,. Local bars and pubs include The Newmarket, The Red Lion, locally known as the "Beastie", The Mosset Tavern,^[3] and The Carlton Hotel.^[4] Sueno's Stone in Forres

The town is the location of <u>Sueno's Stone</u>, an enormous carved stone probably created by <u>Picts</u> to commemorate a battle against <u>Norse</u> invaders. The <u>stele</u> is 20 feet (6 metres) tall and encased in glass structure to protect it from the elements and graffiti. Sueno's Stone translates to Sven's Stone. <u>Brodie Castle</u> lies near the town.

Other attractions to Forres include Dallas Dhu Distillery, which lies just south of the town. Although no longer in production, the distillery is maintained in working order by <u>Historic Scotland</u>. Benromach Distillery^[5] is an active distillery with a visitors' centre and is located just north of the Forres bypass.

<u>Shakespeare</u>'s play <u>Macbeth</u> locates Duncan's castle in Forres, and the <u>Three Witches</u> meet on a <u>heath</u> near the town in the third scene of the drama. Macbeth's castle was located at Inverness.

. Happy Birthday to Maggie Fountain EBOR. Happy 50th birthday to Paul Taylor (EPOC)

Happy 73rd birthday to Derek McNeil. He'll be celebrating by running M70L, 30 years since his first 6 Days appearance back in Tayside 1985 as a young M40. He is still running for Moravian and lives in Forres, and last time he competed in a full 6 Days was 2003

Happy 60th birthday to Ruth Smith (Devon) -05.08.15

Wednesday Social Event Parking in the event campsite is full and the streets are also crowded. If you cannot get a space on the street, then either the Ice Rink or the Sports Centre close to the campsite should have spaces.

Tonight - Famous 6 Day Ceilidh!

A Ceilidh is a very sociable evening of informal Scottish dancing, guaranteed to bring a glow to your cheeks! So dance the night away with great local band 'The Broch Inspectors.' All the dances will be demonstrated by callers so don't be shy!

Bught Park Campsite Marquee 8pm Tickets £10/5 (18 and under) at Information Tent or on the door.

QUIZ: Answer sheets should be handed in to the Information Tent by today. Winners will be announced on Thursday and prizes will be available for collection then. The correct answers will be posted on the website.

Are you enjoying this part of Scotland? Sheila Colls is selling a sunny three bedroom first floor flat tucked in behind the Square in Beauly. In addition to the living space there is a large street level storage area ideal for bikes, canoes, golf clubs etc. it is an ideal weekender/holiday home . email <u>sheila.colls@gmail.com</u> or ring 07880913993

Official Merchandise: From Wednesday the shop will be open for calendars, postcards, buffs , hoodies and official 6 day T shirts. Orders can be taken for sold-out sizes of 6 day T shirts and hoodies for delivery after the event.

Forres shops have offers for orienteers. See the website link for more details. Pearl's petcare offer 10% Discount on Treats, Toys, Beds, Collars& Leads, Grooming Tools and TICK REMOVERS!! when anyone mentions they are orienteers or supporters. Tolbooth Street, FORRES 01309 671166