



Deeside Daily

Day 3: Birsemore Hill
Tuesday 1st August 2017

Welcome to Birsemore Hill

Nearest town: Aboyne
PostCode: AB34 5DB

Royal Deeside
2017
6 Days of Scottish Orienteering



ORIENTEERING

Acknowledgements:

Alisdair and Philip
McConnach - Land
managers
Dunecht and Glen
Tanar Estates –
Landowners
Bob Booth and Robert
Paterson of Dunecht
Estate, Eric Baird of
Glen Tanar Estate.

GRAMP, ELO, STAG and
TINTO wish to thank
members of HAVOC,
NGOC, ESO, MAROC,
ScotJos, AROS and OD
along with some
dedicated friends and
family for supporting
us in the organisation
of day 3.

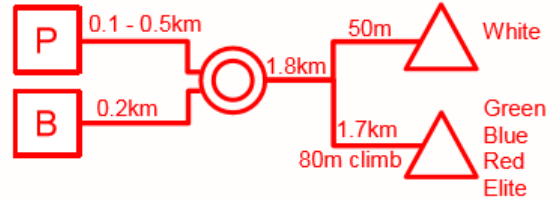
**Remember- no bib, no
go (including colour
coded courses).** Pre-
entered colour coded
competitors who have not
yet collected their bibs
should do so before their
run at the information
point.

Information for Day 3 (Today!!)

****Very important**** Day 3 includes a World Ranking Event (WRE) for elite competitors. Elite courses use double digit control numbers (apart from the final 100 control). All other competitors have standard three digit control numbers.

WRE elite competitors – bibs at prestart area.

Competitors heading to the start and cars leaving the arena will be sharing the road. Please, please take care to avoid one another! **YOU MUST WALK ON THE RIGHT HAND SIDE OF THE ROAD.**



Starts: Leave the arena opposite the parking area and turn left. Follow this road for 1.8km, parents please accompany young children. The white start is close to the road, the remaining starts follow a rough track which has one very steep but short section. This start area is narrow and will be busy, please pay strict attention to the start clocks and present for call up at the correct time. The initial walk to the Starts is along a minor road, mostly level. After 1.8km the **White Start** is located 50m along a small path. **Green, Red, Blue and Elite Starts** continue on the road for a further 150m, then 1.55km along a narrow path and forest track. (45 mins walk). The access is not suitable for buggies; one short section is very steep. There will be portaloos sited 250m before the access to the White Start. **There are no toilets beyond this point.**

White start courses: there are two start kites, courses 1 and 8 head to the left for their start kite, all others head towards the right. Courses 1,2,3,8,9 and 10 have a few legs which are taped between controls using red and white tape every 5-10 metres at eye level.

Map Scales: All Courses are at 1:10000

Safety Information: There are large crags/cliffs on the north face of Birsemore. The courses have been planned to avoid them.

Special Info: Courses 1,2,3,8,9,10 will have some taped legs on their courses.

Elite: Middle Distance and World Ranking Event. Seeded start list.

WRE - Elite competitors have a warm up area which will be signed approx 1km along the rough track.

There is a separate elite start which will be taped from the warm up area using yellow tape. Competitors require a different bib from the S6D competition, **this can be collected in the pre start area.**

String courses : Located close to the Arena, the approach crosses a quiet track and a small bridge. Please use only the designated exit points to leave the Arena. The terrain involves a climb and is rough underfoot in places with 2 wall crossings. Not suitable for buggies. Today's theme is "Moshi Monsters". If you can bring an SI card this may save you having to wait. Open 10am-3pm .

Information for Day 4 : Creag Choinnich (Thursday)

Travel: Braemar is 16 miles/25km west of Ballater on the A93. The parking field is accessed directly from the A93. There will be a 20mph speed limit on a stretch of this road adjacent to the parking details can be found here:

<https://online.aberdeenshire.gov.uk/apps/roadclosures/pdf/a93braemarspeedrestriction.pdf> Please obey the parking marshalls as we plan to get the traffic off of the A93 as quickly as possible to minimise the impact on non-orienteeing traffic. After entering the parking field, motorhomes and other large vehicles will be directed right. Priority parking will be directed left behind the helicopter landing area. All other traffic will continue straight ahead. Cars will be parked facing in so do not attempt to reverse into a parking space as this will delay cars behind you. Your cooperation is much appreciated.

Pedestrians should not attempt to exit the parking field by the vehicle entrance. The pedestrian exit is southeast of the helicopter landing zone where there is a marshalled crossing of the A93.

String Course: "Celtic Beasies"

No access to parking field after 12:30. No exit before 13:00

Bus Passengers : Please note for all days there will only be one Bus pick up – at Ballater Primary School.



Thank you to the local businesses who have kindly donated spot & raffle prizes for our entrants:

Cairngorm Brewery, Loch Lomond Brewery, Glen Garioch Distillery, Tor Na Coille, Out There Active Wear, Deeside Deli & Garden Shop, Deeside Activity Park, Continental Cream, Brown Sugar Café, Douglas Arms, Finzean Farm Shop, Spider on a Bicycle, Buchanan's Bistro, Riverside Cottage, Rock Salt & Sole, Potarch Restaurant & Café, Royal Lochanagar Distillery, Highgrove Ballater, Tease Coffee Bar, Platform 22, Footprint Aboyne, Nairn's Oatcakes, The MacNab, Roaring Stag Coffee, Cyclehighlands, Mamma Mia, Co-op Banchory, The Chatterbox, Duncan's of Banchory, WH Smith Banchory, Walkers Shortbread, Morrisons, Birdhouse Café, DeeTours, Aboyne Jewellers, Hilltrek, OMM, Aboyne Jewellers, Ordnance Survey and Scottish Orienteering Association.

For more information about these businesses, see our Local Supporters page: <https://www.scottish6days.com/2017/local-supporters>. **Winners of spot prizes will be announced on our Facebook page. A list will be posted the following day on the results board and at the information tent, with prizes available for collection there.**

Information for Rest Day (Wednesday)

Sprint Race, Event Centre, Ballater. Start Times 11:00-14:00, Map 1:5000
Entry on the Day : There will be limited availability.

Trail-O Event, Cambus O'May. Start Times 12:00-14:30, Pin Punches
Entry on the Day : Subject to map availability.

DNS? If you missed your run today (or any day), the spare maps will be brought back from the Starts to Information

Toilets: Please use the chemical toilets provided and not the forests! Don't spoil the access for everyone else!

Traders
The following traders will be available in the Assembly today

Equipment	Food and Drink	
CompassPoint	British & Continental	Really Awesome Coffee
Ultrasport	O Nosh	Italian Coffee Bar
Saddleworth Outdoor	Sheridans	Aboyne Ices
Massage £10/10 mins	Eat Van Drink	Deeside Ices
	Cav & Co Kincardine Street Kitchen	

Personal Ads If you'd like to add anything in a future edition of "Deeside Daily" fill in a sheet available at information by 15:00 for inclusion later in the week (space permitting).

- "Happy 60th Marcia for 31st" from Paul and Adam
- AROS AGM Fri eve 6pm at Braemar Lodge Bunkhouse. All ex EUOC welcome! See Ed Nicholas, Lucy Fryer or Kirsten Strain for more info.
- "Congratulations to Laura King (AIRE) for her achievements on the 6th stage of O-Ringen" from SAROD OK.
- Remember to buy your quiz sheets for £1 from Information on aid of Athlete Support fund.
- "Happy Birthday Kerry Wood" (ESOC) 16 years on 1st Aug
- A gift card for Mr & Mrs Breseman is in the Information tent for their Wedding Anniversary
- Congratulations to Rick & Eileen (Cascade OC) 30 today! Please visit registration.
- Many thanks to Rhona Fraser who lent her training map to a desperate NZ orienteer! – Max on the enquiries team
- Pamela Emberton "WCH" 1976-2011ish is 90 on 12th Sept. Jo Taylor (SROC) has a card for people who remember her to sign. At SROC tent or will circulate during the event to find you for a signature. Thank you, Jo Taylor (daughter).

Things to Do

<https://www.scottish6days.com/2017/social-programme>

Today's events in the Social Programme are

Tues 1st Aug: evening **Ceilidh** 19:00-22:30 (Hall open 18:00) – with top local band Clachan Yell. Victoria Hall Ballater. *Sold Out.*

Tues 1st Aug: evening **Routegadget 2: The Inside Story Talk by Simon**

Errington (Route Gadget producer) 19:30-20:30. No tickets, first come first served.

Donations towards British Squad fund. Ballater Village Hall. Mike Sheridan Rm.

Still some tickets available for 2nd Aug Sprint Orienteering talk, Mar Lodge NTS talk

& 3rd Aug Scottish Music evening & Whisky tasting. Buy tickets at Information tent.

Certificates will be printed for 1-6 place of ages 10-16. They'll be available at the information desk the following day, as they'll be printed by the IT folk each evening. Details on how to claim Gold/Silver /Bronze badges will be published in the Day 4 Daily News and on the website.

Compass Point 'the orienteering equipment shop' is for sale. A rare opportunity to purchase a successful business established since 1991. Anyone interested can speak to Rick or Angela at the shop in the assembly area each day or phone 07899 907600 or email rick@compasspoint-online.co.uk

General Event Information

- ❑ Blank maps and Courses 1, 2,8 & 9 will be on display at Assembly each day. **White and Yellow Courses – collect your maps at the start**
- ❑ No shadowing of juniors on age class courses
- ❑ Remember to clear your SI chip at the clear station at the pre-start area
- ❑ The torso and legs **must** be covered, and it is recommended that a whistle is carried.
- ❑ "No BIB - No Go" (including colour coded courses). Bib has start time (PS=punching start) , start colour and course number
- ❑ Tapes colours used this week will be (green, blue, white, red for routes to start, yellow/black = danger, red/white = Out of Bounds/ crossing points, white = taped routes in terrain
- ❑ It is the competitors responsibility to pick up the right map (and only one map) and to arrive at the start at the right time (start times will not be changed at the start)
- ❑ Courses close at 16:30 each day (please be back by this time). **You must report to download even if you do not finish or retire.**
- ❑ Car keys can be left in an envelope at Information (marked with the bib numbers of anyone who is eligible to collect them). Lone competitors should also leave their details at Information
- ❑ There are no drink stations on the course and there will be no water at the finish. Competitors should hydrate before their run. There will be bags at each start for disposal of bottles.

Lost property – check with the Information tent!

Club Tents –Note : The equipment team will be unable to transport club tents today (Day 3) due to Rest day! Remember to take your club tents with you.

John's O-Joke of the day: Why did the six days newsletter editor ban a joke about herbs and fish?

Information for inclusion in the Daily News Sheet.
Answer: This is not the rhyme or the piece.
If you think you are funnier than John Mason, please submit your O-Joke of the day at