



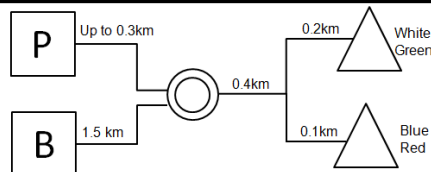
Deeside Daily

Welcome to Glen Fearder East

Day 5: Glen Fearder
Friday 4th August 2017

Nearest town: Braemar

Information for Day 5 (Today!!)



Starts: Two Start locations. All exit Arena to north-northeast across river and up good track to NE then E to track junction. **White/Green** turn left (NW), 45 m climb; allow 10 min (Common Call-Up but Separate W & G Start Kites). **Red/Blue** Turn right SE and descend slightly to start; allow 10 min.

Terrain: Hilly mix of plantation, natural pine/birch woodland, heather and fast open moor. Generally good visibility, with interesting contour and rock details. All courses cross a river. If in spate, cross at mapped crossings. TD 1-3 courses do cross at bridges.

Map Scales: 1:10000

Safety Information: This is a working farm with a ruined building and potentially hazardous farmyard materials. These will be marked OOB. If river and streams are in spate competitors are strongly advised to use marked crossing points. The Arena is exposed if weather is extreme. Only Vodafone mobile works in Arena.

String courses : Close to Arena in two fields: avoid abandoned farm machinery. Terrain rough in places; only suitable for hardy buggies! Today's theme is "Bear Hunt". Open 10am-3pm. Day 5 String Course will have a teddy bear's picnic. All bears are welcome but please advise of food allergies. Weather permitting there will also be story telling – see the board at the string course for times.

Special Info: You may encounter some sheep on your courses.

No exit before 13:00

Club Tents – CLUB TENTS should be left in the same place for Day 5 & 6. The run-in for Day 6 will be indicated so that tents are not pitched on it. **Please obey instructions on where to pitch club tents so you don't have to move them again for Day 6**

Remember your bib! – NO BIB NO GO (including colour coded courses). Pre-entered colour coded competitors who have not yet collected their bibs should do so before their run at the information point. Colour coded courses do not have pre-allocated start times and competitors can start at a time convenient to themselves.

Please write any existing medical information on the reverse of your bib.

Traders	Equipment	Food and Drink	
The following traders will be available in the Assembly today	CompassPoint	British & Continental	Aboyne Ices
	Ultrasport	ONosh	Deeside Ices
	Sports Massage £10/10 mins	Eat Van Drink	Last chance for Ice Cream as both vans will be at Aboyne Games on Saturday (Day 6)!
		Ronald Downie	
		Really Awesome Coffee	
		Italian Coffee Bar	

Information for Day 6 : Glen Fearder West (Saturday)

Travel: Parking and Arena Same as Day 5 except **Last Arrival 12:00**. **Travel Directions:** 3.5 km west of Crathie, turn north off A98. Temporary 30 mph speed limit signs.

Parking: Flattish well-drained large field next to Arena. Bus drop-off 1.5 km to Arena. It will take about 5 mins to drive from the main road (A93) to Car Parking assuming weather remains clement (70 % of the route is tarmac).

BUS PASSENGERS; The walking route for Bus Passengers on Day 5 & 6 is now much shorter (and easier). It is now 1.5km and should take no more than 20 mins, generally on Forestry Tracks. We are very grateful to Forestry Commission Scotland for their assistance with this at very late notice

For those **with Dogs**, if it is hot, there is no sheltered parking. The dog-walking area will be close to a stream.

CLUB TENTS ideally should be left in the same place for Day 5 & 6. The run-in for Day 6 will be indicated so that tents are not pitched on it.

String Course: "Safari Animals"

Traffic through Aboyne may be busier on Saturday (Day 6) due to Aboyne Highland Games. Expect delays between 10:30-11:30 and 15:30-18:00



Thank you to the local businesses who have kindly donated spot & raffle prizes for our entrants:

Cairngorm Brewery, Loch Lomond Brewery, Glen Garioch Distillery, Tor Na Coille, Out There Active Wear, Deeside Deli & Garden Shop, Deeside Activity Park, Continental Cream, Brown Sugar Café, Douglas Arms, Finzean Farm Shop, Spider on a Bicycle, Buchanan's Bistro, Riverside Cottage, Rock Salt & Sole, Potarch Restaurant & Café, Royal Lochanagar Distillery, Highgrove Ballater, Tease Coffee Bar, Platform 22, Footprint Aboyne, Nairn's Oatcakes, The MacNab, Roaring Stag Coffee, Cyclehighlands, Mamma Mia, Co-op Banchory, The Chatterbox, Duncan's of Banchory, WH Smith Banchory, Walkers Shortbread, Morrisons, Birdhouse Café, DeeTours, Aboyne Jewellers, Hilltrek, OMM, Aboyne Jewellers, Ordnance Survey and Scottish Orienteering Association.

For more information about these businesses, see our Local Supporters page:

<https://www.scottish6days.com/2017/local-supporters>. Winners of spot prizes will be announced on our Facebook page. A list will be posted the following day on the results board and at the information tent, with prizes available for collection there.

Braemar Castle

A 17th century castle with a colourful past and an exciting future. Built by the Earl of Mar in 1628, it has been hunting lodge, fortress, garrison and family home. Set amid the stunning scenery of the Cairngorm mountains with castellated turrets, a star shaped curtain wall and a bottle necked dungeon. Home to the chief of Clan Farquharson, it is furnished with the furniture, memorabilia and personal belongings of the Farquharson family. Now the castle's future rests with the small community of Braemar. With a 50-year lease from the Farquharson family, the village has ambitious plans to conserve and restore the castle and provide even better visitor facilities. A grand dining room, gracious drawing room, Victorian bathrooms and delightful morning room and with 12 rooms on show there is plenty to see and discover in this compact castle. An L shaped tower house, it has an unusual right winding spiral stone staircase leading to 3 floors of furnished rooms. Hear about the characters who have called this castle home. Influential noblemen such as John Erskine, second Earl of Mar, who spent his childhood as playmate of James VI (James I), the sixth Earl, who raised the Standard for the Jacobites' 1715 Uprising and lost his title, lands and the castle and Finlay Mhor "the lang hielander", standard bearer for Mary Queen of Scots at the Battle of Pinkie and the first Farquharson of Invercauld. Shiver at tales of the infamous Black Colonel who burned Braemar Castle in 1689. And hear the complaints of Ensign William Grant, a soldier in the Hanoverian army garrisoned in the Castle after the Battle of Culloden. See a timber fragment from that 1689 burning, a family trinket box which once belonged to Mary Queen of Scots and a Bronze Age sword found buried on Farquharson land nearby. Local volunteers guide you around this informal castle giving insights into the lives of the Farquharson family, the clan Chief, Captain Alwyne Farquharson, and the wealthy families who have used the castle as their "holiday cottage". Entry to all rooms in the castle is up the steep stone staircase so unfortunately if you have mobility problems, the castle is not accessible.

Things to Do

<https://www.scottish6days.com/2017/social-programme>

Today's events in the Social Programme are

Friday 4th August: evening: 19:30-21:00 Pub Quiz with Grand Master Roberts MC-ing. £12 per team (up to 6 persons).
Victoria Hall, Ballater

General Event Information

- No shadowing of juniors on age class courses
- Remember to clear your SI chip at the clear station at the pre-start area
- The torso and legs **must** be covered, and it is recommended that a whistle is carried.
- Blank maps and Courses 1, 2, 8 & 9 will be on display at Assembly each day. White and Yellow Courses – collect maps at the starts.
- "No BIB - No Go" (including colour coded courses). Bib has start time (PS=punching start), start colour and course number
- Tapes colours used this week will be (green, blue, white, red for routes to start, yellow/black = danger, red/white = Out of Bounds/ crossing points, white = taped routes in terrain
- It is the competitors responsibility to pick up the right map (and only one map) and to arrive at the start at the right time (start times will not be changed at the start)
- Courses close at 16:30 each day (please be back by this time). **You must report to download even if you do not finish or retire.**
- Car keys can be left in an envelope at Information (marked with the bib numbers of anyone who is eligible to collect them). Lone competitors should also leave their details at Information
- There are no drink stations on the course and there will be no water at the finish. Competitors should hydrate before their run. There will be bags at each start for disposal of bottles.

Personal Ads

- Rachel Dennis (BOK) "Happy 50th Birthday my love," Nick x
- AROS AGM on Friday – bring a dish! We'll have something to eat together during discussions.
- Remember to hand in your quiz sheets for the Athlete Support fund by 13:00 on Day 5 to the box at Information.
- *Glen Tanar Aliens – Raffle will be drawn on Day 5 (Friday) morning. List of winners will be posted at Information.*
- Esther Gooch (MAROC) would like to talk to any NZ orienteers about O'ing in NZ (07585 743739).
- *Compass Point Orienteering Equipment Shop is for sale. Speak to Rick or Angela at the shop in the Arena or phone 07899 907600 or email rick@compasspoint-online.co.uk*

6 Day Shopping. Did you remember to buy your 6 Day merchandise?

DNS? If you missed your run today (or any day), the spare maps will be brought back from the Starts to Information

Certificates will be awarded to the first 6 competitors in all the Junior classes, (M/W 10 to M/W16, A and B classes) on Days 1-5. Collect from Information the following day.
Gold/Silver/Bronze badges instructions on how to collect. Once day 4 & 5 results are finalised they will be printed out and a line drawn for each course to determine who has achieved each standard. People can come to the information tent on Day 5 to purchase a badge. (£4/badge).
These can be traded up on Day 6 if a higher grade achieved based on Day 5 or 6.



O-Jokes of the day:

Q. Why did the 6-day competitor fall into the portaloos?
A: Cos the event's a great chance to meet up with old faces

Q. What would a Norwegian Orienteer give the police looking for an escaped cave dwelling creature?
A: A Con-troll description

Beware Lyme disease!! Remember to check for ticks after every run. For more information on how to remove ticks go to www.nhs.uk.

Lost Property – At Information tent