



Royal Deeside  
2017  
6 Days of Scottish Orienteering



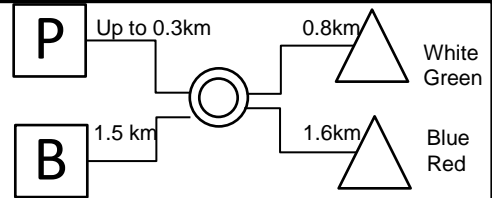
# Deeside Daily

Glen Fearder West

Day 6: Glen Fearder  
Saturday 5th August 2017

Nearest town: Braemar

## Information for Day 6 (Today!!)



Today is the last day of the 2017 Six Days and our second visit to Glen Feardar. Today we use a totally separate part of the forest from yesterday, with all the courses to the west of the Arena.

**Starts:** Today we have two starts, a **Red/Blue** start and a **White/Green** start. The route to the **Red/Blue** start is out the arena via yesterday's run in. As you leave the arena area, the elite spectator control is on the path immediately to your left (south), while the path to the starts goes right (north) and past the string course. Total distance of about 1.6km. The route to the **White/Green** start leaves the arena via the exit to the main car park. Head west past the toilets. Total distance about 0.8km.

**Map Scales: Elite Courses** 1:15,000 All others 1:10,000.

**Safety Information:** This is a working farm with a ruined building and potentially hazardous farmyard materials. These will be marked OOB. A dangerous crag and ruined building on the course will also be marked OOB.

**String courses :** Close to the Arena. On route to the Blue/Red start. Not suitable for buggies.

Today's theme is "Safari Animals". Open 10am-3pm.

**Special Info:** No fences to be crossed except at marked crossing points.

**Course from the White/Green start.** Please note that courses 1-14, 16 and 18 will have a timed out crossing of a high stile, with up to 2 minutes allowed between controls on either side. Because of the constraints of the area, courses 1-4 and 8-10 will have controls which are quite close to each other on different parts of the course. Look carefully at the control order numbers. Courses 1, 2, 8 and 9 will have two taped routes between controls.

**Courses from the Red/Blue start:** Runners on courses 23-41 may make a descent near some large crags, which will be marked with black and yellow tape

**Elite Race:** The elite race to day will be a reverse order start based upon the results of the first five days. The elite mens race will start between 10.30 and 13:00, with the race finishing around 14:20. The elite women will start between 11:45 and 12:45 with the race finishing around 14:00. The top runners will have GPS tracking which you can follow on the big screen. In addition, there is a spectator control to watch the elites. As you leave the arena by the route to the Red/Blue start (yesterday's run in), the spectator control is on the track just to the south (left) of your exit from the arena. Elites can collect their new bibs at the start. Some GPS units will also be allocated at the start. The top runners should allow sufficient time so that they can be given their GPS units.

As with Day 5 we are very grateful to Forestry Commission Scotland for their assistance with the revised bus drop off location at very late notice.

**No exit before 12:30**

**Prize Giving:** Prize giving will take place at 15:00 in the Arena today based on the week's results. There will be awards for the top 3 overall in each Class with additional mementos for places 4-6 in 16- classes.

### Traders

The following traders will be available in the Assembly today

#### Equipment

CompassPoint  
Ultrasport

Sports Massage (£10/10 mins)

#### Food and Drink

British & Continental  
O Nosh  
Eat Van Drink

Really Awesome Coffee  
Italian Coffee Bar  
Ronald Downie

**DNS?** If you missed your run today (or any day), the spare maps will be brought back from the Starts to Information



MORRISONS

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**Thank you to the local businesses who have kindly donated spot & raffle prizes for our entrants:**

Cairngorm Brewery, Loch Lomond Brewery, Glen Garioch Distillery, Tor Na Coille, Out There Active Wear, Deeside Deli & Garden Shop, Deeside Activity Park, Continental Cream, Brown Sugar Café, Douglas Arms, Finzean Farm Shop, Spider on a Bicycle, Buchanan's Bistro, Riverside Cottage, Rock Salt & Sole, Potarch Restaurant & Café, Royal Lochanagar Distillery, Highgrove Ballater, Tease Coffee Bar, Platform 22, Footprint Aboyne, Nairn's Oatcakes, The MacNab, Roaring Stag Coffee, Cyclehighlands, Mamma Mia, Co-op Banchory, The Chatterbox, Duncan's of Banchory, WH Smith Banchory, Walkers Shortbread, Morrisons, Birdhouse Café, DeeTours, Aboyne Jewellers, Hilltrek, OMM, Aboyne Jewellers, Ordnance Survey and Scottish Orienteering Association.

**For more information about these businesses, see our Local Supporters page:**  
<https://www.scottish6days.com/2017/local-supporters>. **Winners of spot prizes will be announced on our Facebook page. Check the list on the results board and at the information tent and remember to collect your prize.**

**Certificates** will be awarded to the first 6 competitors in all the Junior classes, (M/W 10 to M/W16, A and B classes) on Days 1-5. Collect from Information the following day.

**Gold/Silver/Bronze badges** instructions on how to collect. Once day 4 & 5 results are finalised they will be printed out and a line drawn for each course to determine who has achieved each standard. People can come to the information tent on Day 5 and 6 to purchase a badge. (£4/badge).

These can be traded up on Day 6 if a higher grade achieved based on Day 5 or 6.



**6 Day Shopping.** There is still some merchandise available. Orders can still be taken. If you have items set aside please try to collect them before 1pm

Andrew Manwell (former head of PE at Aberdeen Uni has donated some paintings to give to Orienteers. He was instrumental in bringing Orienteering to Deeside in the 70's. See Information tent

Disappointing to find orienteers leaving gel wrappers in the forest. Please take your rubbish back with you!

O-Jokes of the day:

Q. Which side of an orienteer is the muckiest

Answer: The Outside

Thanks for all your jokes this week!

The settlement at **Auchtavan** (<http://www.auchtavan.com/>) is a rare survival of a traditional Highland clachan or fermtoun. Small communities like these were home to countless generations in the centuries before the Industrial Revolution. Most of these settlements have disappeared and their houses are now only a scatter of stones but at Auchtavan the hingin lum cottage and horsemill still stand high on the mountainside above the River Dee, both restored and saved in 2008 by the Braemar Community. If you are staying on in the Deeside area after the 6 Days, you may wish to visit.

**Thank you for taking part in Scottish 6 Days 2017.** We look forward to seeing you at Strathearn in 2019.

And if you are driving home south today, the quickest route home from Glen Feardar is south via Braemar, Glenshee and Perth. However we have been made aware of a road closure on the A93 S of Blairgowrie with a small diversion via the A923 Coupar Angus Road, rejoining the A93 via the Golf Course Rd. Please drive home safely. There are several miles of twisty stretches of road. Be careful, the road between Braemar and Blairgowrie is particularly popular with motor cyclists who will appear without warning in your rear view mirror.

Large poster maps of the whole Day1-3 area and also Muir of Dinnet (both areas 18km2+) are available to order - cost £20. Order form at Information.

***Beware Lyme disease!!*** Remember to check for ticks after every run. For more information on how to remove ticks go to [www.nhs.uk](http://www.nhs.uk). Tick bites can infect you with Lyme disease, which can be a very serious illness. If you feel unwell in the weeks after the event and/or develop a rash, be sure to consult a doctor.

**General Event Information**

- Remember to clear your SI chip at the clear station at the pre-start area
- The torso and legs **must** be covered, and it is recommended that a whistle is carried.
- Blank maps and Courses 1, 2,8 & 9 will be on display at Assembly each day. White and Yellow courses collect maps at the start
- No shadowing of juniors on age class courses
- "No BIB - No Go" (including colour coded courses). Bib has start time (PS=punching start) , start colour and course number
- Tapes colours used this week will be (green, blue, white, red for routes to start, yellow/black = danger, red/white = Out of Bounds/ crossing points, white = taped routes in terrain
- It is the competitors responsibility to pick up the right map (and only one map) and to arrive at the start at the right time (start times will not be changed at the start)
- Courses close at 16:30 each day (please be back by this time). **You must report to download even if you do not finish or retire.**
- Car keys can be left in an envelope at Information (marked with the bib numbers of anyone who is eligible to collect them). Lone competitors should also leave their details at Information
- There are no drink stations on the course and no water at the finish. There will be bags at each start for disposal of bottles.
- Reminder : Lots of Lost Property to be reclaimed. Please check at Information tent!**

• *Compass Point Orienteering Equipment Shop is for sale. Speak to Rick or Angela at the shop in the Arena or phone 07899 907600 or email [rick@compasspoint-online.co.uk](mailto:rick@compasspoint-online.co.uk)*

• Happy Birthday to Cecily Craig (Maroc) for Sun 6<sup>th</sup> Aug

• *Cyril and AS Martignac Orienteers want to wish a very Happy 40<sup>th</sup> Birthday to Helene. "Enjoy the end of the week".*

• Tickets for World Athletics Champs for Mon 7<sup>th</sup> 6pm session. 1 adult & 2children. First come first served. Donation to water aid. See Kara? in Bristol Orienteering tent. Sorry – name wasn't clear.....

• Bongo 4WD Camper for sale (07802 497661)

• Congratulations for Thurs 3<sup>rd</sup> Aug to David & Mary Nixon on their 43<sup>rd</sup> wedding anniversary. They have been to every Scottish 6 day since the beginning!

• Many congratulations to Paul & Wendy Taylor (CLOCK) who are celebrating their wedding anniversary today.

• Dear BIS! Thank you for the entry. Sorry I couldn't make it. Caroline

• Could Spanish orienteer from Califas Orientacion leave contact details at Info tent – Ricardo has recovered from cardiac surgery & is here this week.

• Are you THE Juha Tilli (M45L) who orienteered at Leeds in 1990/91? – If so contact James Laird, Jane (Hancock) Stagg & Martin Broddest for a catch up (07766600989)

• Dan Atkins (Southampton OC) sustained a serious knee wound on Day 2 resulting in transfer to ARI where he has spent most of the week. All the best for a swift recovery from the Day 2 team.