



World Ranking Event: Middle Distance

Tuesday 1st August 2017

Birsemore Hill

Bulletin 2 (Final Details)

Contact Information

Email info@scottish6days.com

Tel: +44 (0)1479 861374

Website (including full details for Scottish 6 Days 2017 and start lists) www.scottish6days.com/2017

Postal address National Orienteering Centre Glenmore Lodge Aviemore PH22 1QZ, Scotland

Urgent on-the-day contact

Colin Matheson 0781 4398145

Programme

22nd July – 5th August Training opportunities on Deeside (<https://www.scottish6days.com/2017/training>)

30th July – 31st July Days 1 and 2 of Scottish 6 Days 'Royal Deeside 2017'

1st August Middle Distance WRE race at Birsemore Hill

2nd August Rest Day / Sprint Race

3rd-5th August Days 4,5,6 of Scottish 6 Days 'Royal Deeside 2017'

Venue

Birsemore Hill, 2km south of Aboyne

Grid Reference (Assembly area) 354150, 796313

UK Post Code AB34 5DB

Latitude: 57.055581 Longitude: -2.757503

Directions

Follow signposted route from the A93 in Aboyne. At Aboyne Bridge turn left along the B976 and follow for 4 km before turning sharp right onto one-way system on minor road through Oldyleiper. Follow for 2.4 km to

Parking. Do not approach through Birsemore (exit only) or attempt short-cut signposted Birse Church. Exit northwest on one-way system.

Arena

100-500m from parking across a public road. Take care crossing this road. Arena includes enquiries, race number collection, download, and a large tent for changing and where bags can be left during the day. Toilets are located in the arena. There are traders selling food and equipment.

Classes

M21E W21E

Estimate Winning Times

30-35 minutes

Weather

August average weather in Aboyne has temperature range 9-19°C, with rain on 11 days in the month. The current outlook for August suggests conditions close to average.

Late Entries

Late entries for both the Scottish 6 Days and the WRE can be accepted via the website until midnight on Friday 14th July. All entries for the WRE races must include the athletes IOF number, failure to supply the number will result in the athlete being excluded from the WRE results and no IOF ranking points awarded.

Terrain

Birsemore Hill is mostly runnable plantation forest that includes some intricate areas on the steep northern slopes with a wealth of contour and rock detail. Courses avoid the major crags. Visibility is generally very good. There are small patches of heather and bracken. Most bracken is mapped (small areas of new growth in 2017 are not shown) and easily avoided. Courses finish through patches of open terrain.

The Event: Scottish 6 Days 2017

This is Day 3 of the Scottish 6 Days 2017, which has close to 3000 entries. The Scottish 6 Days competition has two starts and one finish. The WRE uses a separate start, but shares the finish with the main event. Competitors in the Scottish 6 Days have start times 1000-1400.

Race Numbers

Please collect race numbers from the enquiries tent on the day. If you are racing in the Scottish 6 Days, you MUST collect a DIFFERENT race number for the WRE.

Clothing

Under British Orienteering rules, the torso and legs must be fully covered.

Warm-up / model area (open 0930-1420)

On the route to the start 3.0km (70m climb) from the arena. The route is shared with competitors going to the Green, Blue and Red starts for the Scottish 6 Days. The area is an extract of the competition map, with controls. Maps to be collected/dropped off at the warm-up area. Rubbish bags provided for water bottles etc.

Clothing/small bags may be left at the elite start and will be transferred to the arena after the last Elite start time.

Start

450m (40m climb) from the warm-up area (3.4km / 100m direct from the arena).

Start times

Men from 1030-1330

Women from 1340-1440

2 minute intervals, in reverse World Ranking order (rankings as of 15/7/2017).

Start times will be published on the web site (address above) as soon as possible after 15/7/2017.

Control Descriptions

Control descriptions are printed on maps. Loose descriptions will be available in the start lanes.

Controls

Controls for the WRE are not shared with the Scottish 6 Days, except for the final control (code 100). All WRE controls have two digits (eg 68, 85) and all Scottish 6 Days controls have three digits (eg 145, 201).

The final control is shared with the Scottish 6 Days, as is the run-in.

Course details

<i>Class</i>	<i>Course number</i>	<i>Start</i>	<i>Length (km)</i>	<i>Climb (m)</i>	<i>No. of controls</i>	<i>Scale</i>
W21E	40	Elite	4.62	140	19	1:10 000
M21E	41	Elite	5.89	180	26	1:10 000

Timing system

SPORTident electronic punching will be used, with conventional punching. There will NOT be touch-free punching. SI Air cards can be used. There will be one or more radio controls on the course to provide information to the commentary team.

Use of GPS devices

GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes. The organisers may issue GPS tracking devices to selected runners. No live tracking will be available.

Water

Water will be available at one control, marked on control descriptions, at 70% (W21E) and 76% (M21E) distance around the courses. No water is supplied at the finish.

Prize giving

The flower ceremony for the WRE will take place in the Arena as soon as possible after 1545, allowing time for official results publication.

Map

1:10 000, 5m contour interval. ISOM2000 (not ISOM2017). Original survey and updates (2017) by Deeside Orienteering and Leisure Maps. Maps printed using offset litho.

Blank copies of the map will be displayed in the arena. Previous events can be found here:

<http://www.maroc.routegadget.co.uk/rg2/#180>

<http://www.maroc.routegadget.co.uk/rg2/#99>

Safety

BOF Rule 1.7.1: All competitors take part entirely at their own risk.

The area contains ticks and Lyme Disease is present in Scotland. Please remove ticks after your run.

Officials

Planners	Murray Anderson, David Esson, Gareth Yardley (GRAMP)
Day Organisers	Helen Anderson (GRAMP), Sheila Strain (ELO)
Controllers	Trevor Hoey (FVO), Terry O'Brien (STAG)
IOF Advisor	Ted Finch (FVO)
Event Director	Jon Musgrave (MAROC)

Complaints

Any complaints must be made in writing to the organiser (via the Enquiries tent) within 15 minutes of the final results being posted.

Jury members

- Ted Finch (IOF Event Advisor and non-voting Chair)
 - Other jurors to be selected from a pool, which is currently being formed.
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