



www.scottish6days.com/2019

Auchingarrich • Edinchip •
Dundurn & Cnoc a'Mhadaidh • Culteuchar
and Dron • Craig a Barns • Grandtully



General & Technical Information for All Days

Bio-security: Please use the shoe baths EVERY day. Clean paws, shoes and wheels after EVERY day to control the spread of forest diseases. One of our areas has recently been affected by *Phytophthora Ramorum* (a tree pathogen) – please strictly obey OOB signs.

Waste: Rubbish and Recycling bins will be provided in the Arenas. Please use them and leave no litter at all. The plastic tape used as Lace Tape is NOT biodegradable, please ensure you take away your pieces.

The Daily Newsletter: This year there will be no daily newsletter. For news and results connect your phone or tablet to the local event WiFi (SOA_Results, no password) and browse to "o.net" on your device.

Merchandise: PPre-ordered clothing will be available for collection at the Saturday Registration on 27th July and from the Race Arena on Sunday 28th July.

Day Parking: No caravans may be parked at Events (unless agreed beforehand for disabled attendees). Please adhere strictly to one-way systems that are in operation on several days. See individual Day Information for more details.

Dogs: Allowed in Parking areas only, on a lead at all times (**except Days 1 and 4 - see specific day information for details**). Dogs strictly not allowed on routes to Starts or in competition areas. A small dog area will be marked out in Parking each day, to provide an area for dogs to exercise & poo. Owners must clean up after their dogs.

First Aid: F1Training Services (UK) Ltd will be in attendance in the Arena on all race days.

Training: Training maps may be purchased and downloaded from the British Orienteering portal. A limited number of maps of Knock of Crieff & Kinnoull Hill will be on sale at Registration and from Enquiries each day.

Filming: Every day there will be a TV quality livestream production covering the action. Races can be followed live (via the internet) and competitors will be able to revisit and replay the event. M/W55, 65, 18, 20 and M/W21E on the two World Ranking Event days will be covered by the film crew from the Czech Republic with interviews and commentary by Katherine Bett. There will be at least one camera in the terrain plus cameras at the finish and GPS tracking (with help from ScotJOS) will be included in the production. Official photographers taking stills. If you have any concerns regarding inappropriate or intrusive photography, particularly of children, please report them to an event official.

Entry at the Event: Entry to Age class courses will only be possible at the event if there are start slots and maps available. Entry to Colour Coded courses will be available for each day individually or for several days at a time.

String and Off-String Courses: There will be non-competitive (i.e. times not recorded) String and Off-String courses provided each day for young children. There will be no charge. Certificates will be given to all participants, and themed stickers awarded on completion of the courses. Electronic punching will be used. If you haven't already registered through Fabian4, register at Information on Sat 27th July or at the String course on Event days. Courses available between 10:00 and 15:00.

Electronic Punching: The SPORTident electronic punching system will be used. All versions of SI card are accepted, including SI Air cards. Touch-free punching will be available. It is essential that all competitors visit the download tent by course closing time (16:30) whether or not they have finished their course.

Maps: Maps are drawn to ISOM 2017 Specification. Course 37-41 on Day 4 are double sided.

Start Times: Timed starts are from 10:00 to 14:00 with courses closing at 16:30. It is the competitor's responsibility to ensure they allow adequate time to walk to the start. Runners not on time will be started as soon as possible, but there may be long waits for a free slot. Start times will not be changed at the start unless there is an organisational problem. Bibs will display PS for competitors with punching starts (helpers, parents with split starts and all those on colour-coded courses). Start lists will be displayed in Arena.

Start Procedure: Call-up will be at -4 min. Competitors should clear their SI card before they enter the start boxes.

Shadowing Children: Juniors who require shadowing should be entered on the colour coded courses only. No shadowing will be allowed before your own run. The adult shadower must not pick up a map at the start.

Map Collection: Maps for courses 1,2, 8 & 9 should be uplifted each day from Enquires in the Arena, and **NOT** at the starts.

Pre-Start Map Viewing: Blank maps will not be displayed in the Arena except for courses 1,2,8 & 9. Blank maps will be displayed in the start lanes.

Control Description Sheets: All age class and colour coded courses will use pictorial description sheets. Control descriptions will be printed on the competition maps; loose copies will be available in the start lanes.

Bibs: Must be worn on all days. Please write relevant medical information on the back of bibs (e.g. allergies).

Clothing and Equipment: The torso and legs must be covered, and it is recommended that a whistle is carried. The Day Organiser may require a waterproof jacket to be worn/carried if the weather is bad; if so, notices will be displayed in the Arena and on the route to the starts.

Taping: The following colours will be used: **yellow/black** – danger; **red/white** – out of bounds/crossing points; **white** only – taped routes in terrain. Routes to Starts will be taped according to the start colour.

Water: There are no drink stations on the courses and no water at the finish. Provision of water for competitors on the WRE's only.

Results: Live results on the Arena WiFi and regularly updated on the display boards. Final results on the Event website.

Scoring: For Elite classes, scoring is based on cumulative time over the week, i.e. competitors need to complete every day. For all other classes, points are awarded for each day's result (based on finishing position). Class winners receive 1 point, 2nd placed competitor 2 points, and so on. Competitor's overall score will be the sum of their best 4 scores of the week. In the event of a tie between 2 or more competitors, the competitor with the lowest individual day score will win. Competitors who fail to finish, do not start or are disqualified will be awarded a points score which is higher than the total number of active competitors.

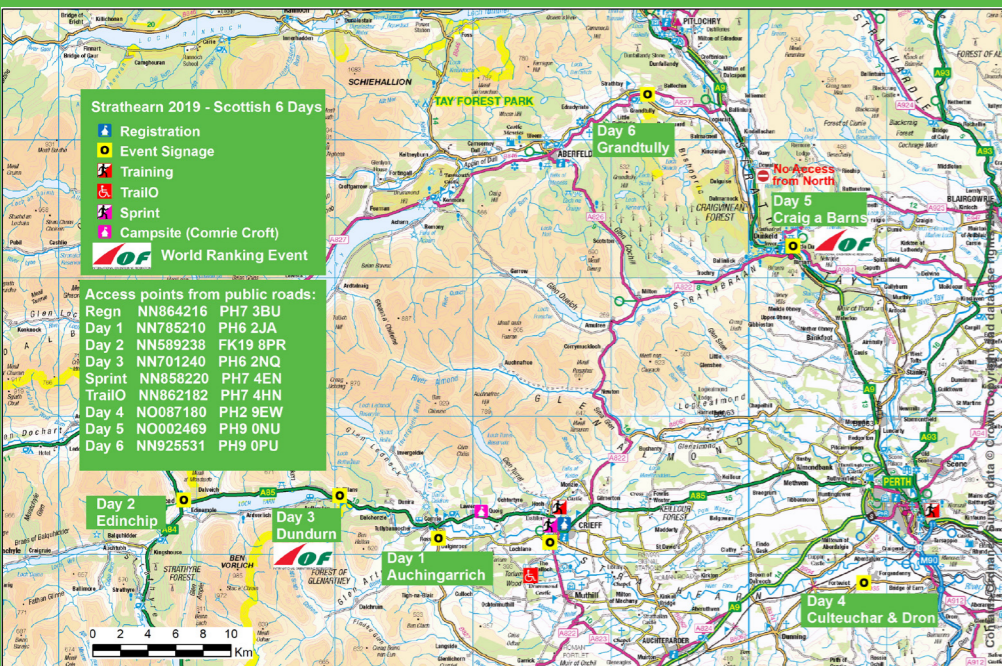
Prizes: Prize giving will take place at 15:00 on the last day (including Trail 'O'). There will be awards for the top 3 overall in each class with additional mementos for places 4-6 in 16 classes. Spot prizes shall be distributed throughout the week.

Cloth Points Award Badges: Gold, Silver & Bronze badges will be awarded to competitors who obtain an overall score equal to or less than a given benchmark which will depend number of active competitors in each class size and which will displayed in the arena after Day3. Badges will be available from Day 5 at a price of £4/badge at the event or by post after the event on receipt of a stamp-addressed envelope.

Complaints, Protests and Appeals: Complaints should be made to the Day Organiser either orally or in writing at Information up to 16:30 on the day of the competition. There is no fee for a complaint. The Day Organiser is the adjudicator of a complaint. A protest can be made against the Organiser's decision, in writing to the Controller. Protests and appeals will be handled under Rule 16 and Appendix A of the 2019 British Orienteering Rules

Course	Start	Classes	Course	Start	Classes	Course	Start	Classes
1	White	M10B W10B	16	Green	W14A W16B	28	Blue	M40S M65L
2	White	M10A M12B W10A W12B	17	Green	M14A M16B	29	Blue	M20S M35S W45L
3	White	W12A W14B	18	Green	M70S W55S W60S W70L	30	Blue	M60L W40L
4	White	M12A M14B	19	Green	M65S W50S	31	Blue	M21S W18L W20L W35L
5	White *	W75S W85	20	Green	M75L W45S W65L	34	Red	M16A W21L
6	White *	M85 W70S W80	21	Green	M60S W40S	35	Red	M55L
7	White *	M75S M80 W65S W75L	22	Green	W18S W20S W35S	36	Red	M18L M50L
8	White	White	23	Blue	M55S W60L	37	Red	M45L
9	White	Yellow	24	Blue	M70L W55L	38	Red	M40L
10	White	Orange	25	Blue	M18S W16A W21S	39	Red	M20L M21L M35L
14	Green	Light Green	26	Blue	M50S	40	Yellow	W21E
15	Green	Green	27	Blue	M45S W50L	41	Yellow	M21E

* except Day 3



Social Programme

Tickets for sale at Registration on Sat 27th July and each day in assembly field at Enquiries/ Information (until all tickets sold).

Sun 28th July 19:30-20:30 Scottish Landscapes - scenic slide show by Crieff-based landscape photographer Annette Forsyth. Entry by donation to cover costs (excess to charity). **Venue:** Morrison's Academy, Ferntower Hall, Ferntower Rd, Crieff, PH7 3AN.

Sun 28th July 18:00-19:00 Exclusive tour of Drummond Castle Gardens (as featured in TV show Outlander) by Fiona Downie. Max 20 people: £6 adults, £4 concessions, £2 children, £14 family. **Venue:** Drummond Gardens, Muthill, Crieff PH7 4HN.

Mon 29th July 19:30-21:30 Whisky tasting and talk on history of whisky by renowned local expert, Stuart Cuthbert. Over 18 only, £15 per person. **Venue:** Strathearn Artspace, 6 Comrie Street, Crieff, PH7 4A.

Mon 29th July 18:00-19:00 Exclusive tour of Drummond Castle Gardens (as featured in TV show Outlander) by Fiona Downie. Max 20 people: £6 adults, £4 concessions, £2 children, £14 family. **Venue:** Drummond Gardens, Muthill, Crieff PH7 4HN.

Tue 30th July 19:00-22:30 Ceilidh by top Scottish band, Ceilidh Minogu. Bar and refreshments on sale. £10 adult, £5 junior/student, £25 family (max 3 children). **Venue:** Comrie Croft Barn, PH7 4JZ.

Wed 31st July 19:30-21:00 Pub Quiz, featuring question master Jon Cross. BYOB £12 per team (up to 6). **Venue:** The Tryst, Strathearn Community Campus, Crieff PH7 3JN.

Thurs 1st Aug 19:30-20:30 Scottish Wildlife - slide show and talk by local ecologist & hill runner Adrian Davis. Entry by donation to cover costs (excess to charity). **Venue:** Strathearn Artspace, 6 Comrie Street, Crieff PH7 4AZ.

Fri 2nd Aug 19:00-21:30 Scottish meal and music from local folk trio, Reelspiel. BYOB £20 per person. **Venue:** Comrie Parish Church Hall, Burrell St, Comrie PH6 2JP.

Shuttle bus Service

For pre-booked passengers only. The timetable is available at Information and on the website. The bus pick up points will be Comrie Croft and Victoria Terrace beside Morrison's Academy, Crieff; with a limited pickup from Twenty Shilling Caravan Park (Tullybannocher Cafe).

Registration

Registration is at Morrison's Academy, Ferntower Rd, Crieff, PH7 3AN.

Registration will be from 12:00-18:00 on Saturday 27th July. Bibs, hired SI cards, programmes, bus passes and pre-ordered merchandise may be collected. General information will be available at the Event Centre on registration day and thereafter at each event Arena. There will be traders but no food providers. Crieff has a good selection of local cafes within walking distance of Morrison's Academy. There are toilets available at Registration. There is limited parking within the school grounds accessed via the main gate. Please observe the one way system. There is free parking on Victoria Terrace and surrounding streets with access to the school grounds via the Victoria Terrace pedestrian entrance. We hope to provide a short informal, fun, score orienteering event at Morrison's Academy.

Emergency Medical Information

In Emergency: dial 999
NHS 24: dial 111

A&E: Perth Royal Infirmary, PH1 1NX, Telephone: 01738 623311, or Forth Valley Royal Hospital, Stirling Rd, Larbert FK5 4WR

Minor Injuries Unit: Crieff Community Hospital, PH7 3HR, Telephone: 01764 653173

General Health Matters

Ticks are common in the competition areas. Check carefully after each run and remove any (the recommended method is using an O'Tom Tick Twister). Lyme disease does also occur in the area; if you develop a rash at the site of a tick bite, you are advised to seek medical advice.

Tick Project: TickApp (a citizen science project run by SRUC and University of Edinburgh) will be attending (Day 1 and 3) to compare the number of ticks collected using survey transects (scientific method) with the number of ticks reported by people after orienteering in the same area. These data will be used to get better measures of how often people encounter ticks whilst doing outdoor activities, and help map tick distribution in Scotland. If you are aged 18 and over, or if you are a parent of a junior aged <18yrs, we would be grateful if you would come to our tick tent after your course and report whether you found any ticks or not. **Your participation is needed! Please consider contributing to this important study.**

E-Coli 0157 may be found where farm animals have been grazing the fields used for Parking and Arenas as well as the competition area. It is recommended that you wash your hands thoroughly before eating.

Dehydration. If the weather is hot, make sure that you drink plenty of fluids.

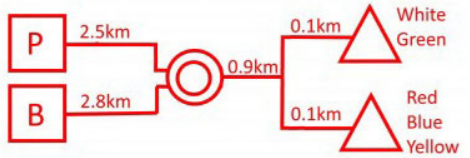
Volunteers

The Scottish 6 Days could not be run without the help from all our volunteers. Many thanks to our planners, organisers, controllers, the central team and the day teams. A special mention to those orienteers from furth of Scotland who have stepped forward to help.

Day 1 (UKOL)

Sun 28th July

Auchingarrich



Organising Clubs: MAROC, AYROC, TINTO
Organisers: Sue Barrie & Paul Chapman (MAROC)
Planners: Dan Gooch & Scott Reynolds (MAROC)
Controllers: Donald Grassie (MOR) & Bob Sheridan (MAROC)
Directions: Follow A822 south over Crieff Bridge then turn right onto unclassified road. Follow 8km to turn left into parking field.

Parking: Large sloping field immediately off the minor public road. ALL cars to arrive by 12:00 and NO exit before 12:30.

Arena: 2.5-2.8km walk from the car park and bus drop off. Please follow marked route and use crossing points. The last 500m is on a very quiet public road. Route not suitable for buggies.

Starts: **White/Green/Red/Blue/Yellow** starts are 1km from the arena retracing route from car park for first 100m. Route on good track and then grassy track suitable for all terrain buggies. Two toilets will be provided 300m before the starts.

Maps: Deeside Orienteering and Leisure (DOLM), updated May 2019. Scale is 1:7,500 for Courses 1-21, 23, 24, 28 & 30; 1:10,000 for rest.

Terrain: Most courses visit areas of plantation forest with runnable rides, open forest, areas of marsh and intricate ditches before a fast finish in open runnable farmland. Longer courses visit a large rough open area.

String Course: South side of the Arena.

Safety Information: Very quiet public road adjacent to the arena will be open. Club tents and banners only permitted south of burn away from overhead power lines.

Elite Courses: Long distance: 50-60 ELT. Map scale 1:10,000.

Special Information: *Today only, due to the distance car parking is from assembly, dogs will be allowed in the assembly field, but they must be kept on a lead.* There will be a limited shuttle bus operating between the car park and arena. This is for use by older competitors and young families only. Day 1 queues to collect bibs and enter on the day may be long; please allow time for this. Competitors with Medical conditions can also make use of the bus service to & from Day 1 Event Arena.

Driving in Strathearn

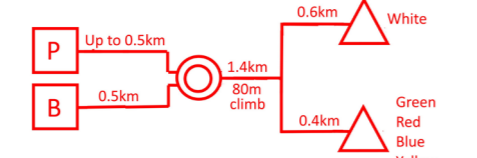
Please obey all road safety notices and signs. Remember to drive on the left hand side! All the days have more than one possible route of approach. The map shows location of main event signage off the trunk and local roads. Routes have been agreed with the local authority and police. Please be patient if queues build up entering or leaving the parking fields.

Course Length (km) and Climb (m)												
Course	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6	
1	1.84	40	1.76	30	1.29	5	2.23	75	2.10	75	2.24	20
2	2.42	70	2.07	50	2.19	15	2.54	100	2.28	60	2.30	40
3	2.57	65	2.76	65	2.42	5	3.60	125	3.03	95	2.72	70
4	2.94	70	3.13	95	2.64	10	3.62	160	3.46	150	3.09	80
5	1.76	55	1.62	40	1.12	30	2.03	90	1.95	85	1.58	10
6	2.18	65	1.85	75	1.32	45	2.22	90	1.91	90	1.68	10
7	2.40	65	2.15	70	1.35	50	2.26	90	2.44	120	1.80	25
8	1.84	40	1.76	30	1.29	5	2.23	75	2.10	75	2.24	20
9	2.42	70	2.07	50	2.19	15	2.54	100	2.28	60	2.30	40
10	2.57	65	2.76	65	2.42	5	3.60	125	3.03	95	2.72	70
14	3.60	110	3.14	100	1.59	55	4.24	135	3.10	130	3.41	70
15	3.82	90	3.88	135	2.15	70	4.77	165	3.84	190	2.46	30
16	3.60	110	3.14	100	1.59	55	4.24	135	3.10	130	3.41	70
17	3.78	130	3.73	130	2.25	105	4.79	175	3.78	160	4.14	130
18	3.03	115	2.85	90	1.76	55	3.76	120	2.76	115	1.95	30
19	3.25	105	3.23	110	1.71	75	3.90	155	3.18	160	2.26	25
20	3.19	95	3.42	90	1.92	75	3.87	150	3.76	170	2.34	30
21	3.40	95	3.50	130	1.93	85	4.50	190	3.82	180	2.35	30

Day 2

Mon 29th July

Edinchip



Organising Clubs: MOR, ECKO, SOLWAY, STAG
Organisers: Carol Burnapp & Jan Kersel (ECKO)
Planners: Roo Hornby & Ade Chapman (MOR)
Controllers: Richard Oxlade (ESOC) & Fredrik Nordvall Forsberg (STAG)

Directions: Access directly from the A85 at the T-junction with the A84 in Lochearnhead village. There are three possible approaches using the A85 west from Crieff, the A85 south from Crianlarich or A84 north from Callander. ALL cars to arrive by 12:00 and NO exit before 12:30.

Parking: Three parking fields. Largest field adjacent to the Arena. Remaining two fields require crossing of the A85 to access the Arena. Please park as directed. Bus drop-off 0.5km from the Arena – follow signed route. *Only cross the A85 at manned crossing points.*

Arena: Up to 0.5km from parking, in southwest corner of main parking field. There will be no run-in - remote finish (see below). No tents are to be erected at the Remote Finish.

Starts: All: leave southwest corner of Arena. Cross the busy A84 at the manned crossing point. A 0.4 km walk beside A84 using a narrow pavement - take great care (*young juniors should be supervised along this section*) then an uphill track for 1.2km. Toilets and clothing dump at this point. **White:** continues along estate road. **Red/Blue/Green/Yellow:** north with short climb through warm-up field to old railway line.

Remote Finish: 1.7km walk back to Arena along the same route used to get to the starts (*young juniors should be supervised*). Tent at Finish where children can wait for parents. REMEMBER TO DOWNLOAD.

Maps: DOLM, new map. Courses 1 and 8 - 1:7,500 scale. All other courses - 1:10,000 scale.

Terrain: East facing slope spanning either side of the Kendrum Burn. Higher ground is a mix of open moorland and coniferous plantation. Lower slopes are intricate woodland and meadows with many contour, rock and water features. TD1-2 courses follow line features other than paths at some stages.

String Course: Exit south out of Arena into adjacent field following taped route for 0.5km. Start is accessible by off-road buggies but courses are not.

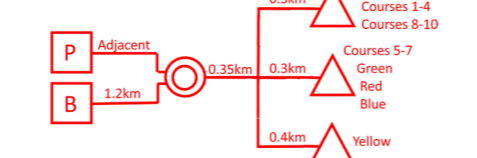
Safety Information: This is working farm with livestock & machinery. Possibility of vehicles on estate roads. River has dangerous crags and should only be crossed with care where not marked as uncrossable and at road and foot bridges..

Elite Courses: Long distance: 50-60 ELT. Map scale 1:10,000.

Day 3 (WRE)

Tues 30th July

Dundurn & Cnoc a' Mhadaidh



Organising Clubs: ESOC, BASOC
Organisers: Tyler Morrison (ESOC) & Jo Cumming (BASOC)
Planners: Peter Halling (ESOC) & Duncan Francis (BASOC)

Controllers: David Esson (GRAMP), Roger Scrutton (ESOC) & Rob Hickling (BASOC)

Directions: Signposted from A85, east end of St. Fillans. Turn onto South Loch Earn Rd, cross narrow bridge (take care) and bear left at road bend. ALL cars to arrive by 12:00 and NO exit before 12:30.

Parking: Parking in flat field, 450m along track. Please carshare where possible. Bus passengers dropped off in St. Fillans: follow signs over River Earn and along South Loch Earn Road. Take care when crossing.

Arena: Within the parking field.

Starts: All: exit arena field west. **White:** along a good track, route crosses finishing competitors. Follow marshal's instruction. **Green/Red/Blue/Yellow:** good track, then rough ground and forest, single file in places.

Maps: Stirling Surveys (SS), surveyed 2018, 1:7500 all courses, except Elite.

Terrain: Technical area with complex contour detail and a mix of forest types with few linear features. Limited areas of rough open and some windblow. Many marshes exist, becoming slow after rain, and a lot of rock, the most significant is mapped.

String Course: Courses on golf course, 100m from the arena. Access crosses the track to one of the parking areas so please supervise children.

Safety Information: Some potentially dangerous crag tops marked with black and yellow tape. The westmost stream includes a **compulsory crossing** point regardless of water level (courses 36-41). **Elite Courses:** WRE Middle Distance, 30-35min ELT. Map scale 1:10,000. 0.4km warm up course is available on route to Yellow start.

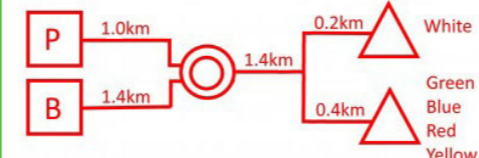
Special Information: Courses 2-4, 9 and 10 are on the golf course for some of the time with 2 compulsory crossing points, one of which is used twice in opposite directions. Courses 5, 6 & 7 are at the Green start as opposed to their normal White start.

Course Length (km) and Climb (m)												
Course	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6	
22	3.82	90	3.88	135	2.15	70	4.77	165	3.84	190	2.46	30
23	4.04	180	4.04	140	2.11	95	4.81	175	4.35	210	2.53	60
24	4.20	135	4.67	120	2.42	115	5.21	205	4.50	175	2.62	60
25	4.42	170	4.8	100	2.44	140	5.13	215	4.82	215	2.74	60
26	4.67	135	4.75	150	2.52	135	5.41	255	4.95	210	2.75	70
27	5.00	160	5.12	150	2.61	125	6.07	245	5.18	230	2.92	75
28	4.79	160	5.31	125	2.58	135	6.34	270	5.59	260	2.84	80
29	5.22	145	5.06	170	2.79	150	6.56	275	5.36	225	3.00	75
30	5.46	165	5.85	155	2.74	175	6.75	295	5.85	230	3.10	95
31	5.61	190	5.55	145	2.99	160	7.11	315	6.47	210	3.39	85
34	5.70	195	6.14	160	2.98	170	7.49	320	6.56	305	3.40	95
35	5.83	215	6.27	200	3.10	160	7.59	330	6.91	300	3.56	95
36	6.81	210	6.69	240	3.76	165	8.84	325	7.48	340	3.99	100
37	7.38	215	7.37	210	3.89	180	9.32	415	7.60	345	4.10	120
38	7.10	270	7.57	250	4.01	195	8.85	430	7.84	325	4.31	125
39	7.64	285	7.55	245	4.00	200	9.37	435	8.24	300	4.42	130
40	7.26	250	7.04	275	4.14	205	8.89	410	9.94	425	4.23	125
41	8.98	385	8.65	365	5.20	250	11.38	540	13.3	645	5.57	140

Day 4

Thurs 1st August

Culteuchar & Dron



Organising Clubs: CLYDE, INT, EUOC, AROS
Organisers: Rachel Wilson (CLYDE), Jane Carcas & Lucy Galloway (INT)
Planners: Max Carcas & Robin Galloway (INT)
Controllers: Brian Porteous (FVO) & Paul Caban (INT)

Directions: All traffic should approach from Perth to avoid a dangerous crossing of the A9. From A9/B934 junction, go south east on B934. After 2km and just after the level-crossing, bear left onto B935 to Forgandenny. In Forgandenny, follow O signs to turn right (south) into Kinnaird Road.

Parking: Parking is in field about 400m along Kinnaird Road on right hand side. Exit from parking is at bottom of field (NW) turning right to return to B935. ALL cars to arrive by 12:00 and NO exit before 12:30.

Arena: The arena is about 1km from parking. Due to space limitations the main toilets and traders will be in the Parking field.

Starts: White: 1.6km / 90m climb along paths and rougher ground. **Green/Blue/Red /Yellow:** 1.8km / 120m climb along paths and rougher ground.

Maps: DOLM, updated May 2019. Scale is 1:10,000; Courses 1-26 on A4, Courses 27-41 on A3.

Terrain: Mix of open grazed moorland and with areas of heather. Longest courses visit dense conifer plantations with intricate ride systems. Numerous line features (ruined walls, fences, footpaths and ditches) and some fields with sheep and cattle (out of bounds) as well as enclosures for rearing birds (to be avoided). All courses finish through a mixed area of woodland.

String Course: Located in the parking field.

Safety Information: There are many fences, including deer fences (which are marked as uncrossable). Over-printed fences (red) may only be crossed at marked crossing points; other fences may be crossed anywhere with care, and crossing points are shown for information; electric fences marked as crossable will be switched off. There are OOB areas fenced off containing baby pheasants which must be avoided and cattle in an electrified fence enclosure which is marked as uncrossable. The safety bearing is NW (320').

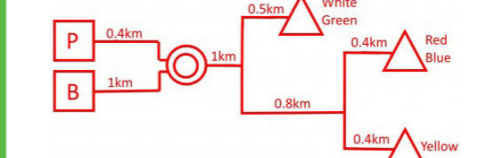
Elite Courses: Long distance: 50-60 ELT. Map scale 1:10,000.

Special Information: The access agreement is such that there must be absolutely **NO DOGS, even in cars on this day.**

Day 5 (WRE)

Fri 2nd August

Craig a Barns



Organising Clubs: TAY, INVOC, ELO
Organisers: Fiona Downie & Jane Anderson (TAY)
Planners: Dave Summers & Kevin Holliday (INVOC)
Controllers: Trevor Hoey (FVO), Ted Finch (FVO) & Paul Caban (INT)

Directions: Due to ongoing works (dualling of the A9) and safety considerations (cars stacking back onto the A9), all vehicles should access the area from the south through Dunkeld (recommended route from Crieff is via Aberfeldy, A827 to Ballinluig then south on A9 to A923 signposted for Dunkeld). **Traffic coming from Perth should travel to Ballinluig and then follow the directions above as for traffic from Crieff.** Follow A923 through Dunkeld then follow the road north ignoring the right turn for Blairgowrie. This is the "old" A9 and has no road number. After approx. 5.5 km follow signposted right turn off road onto the farm road for Rotmell farm. Drive up the farm road - cars and campervans will split. Pedestrians from bus drop off will also be using the farm road. Bus drop off is opposite road up to Rotmell Farm at NO002468- there will be a crossing marshal. 1.4km walk uphill to the Arena sharing the vehicle access road.

Parking: Flatish parking fields adjacent to Arena. Separate parking area for campervans. NO exit before 12:30.

Arena: Sloping field across from parking fields. Take care crossing track. Downhill run in.

Starts: All: from SW corner of Arena. **White/Green:** 1.5km/75m along rough vehicle tracks. **Blue/Red:** 2.2km/160m along rough vehicle tracks, ride and paths. **Yellow:** 2.2km/175m along rough vehicle tracks, ride, paths and runnable forest.

Maps: SS, updated 2019. Maps Courses 40 & 41 - 1:15,000. All others 1:10,000.

Terrain: Complex; forested plateau split by parallel valleys. Many crags, fallen trees and some areas of bracken. Some semi-open land. Two open areas, one very runnable and one with heather, deep in places.

String Course: Close to parking and Arena. On route to all starts via farm track. Course not suitable for buggies.

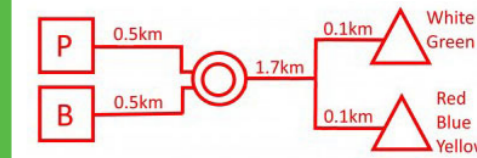
Safety Information: This is a working farm with potentially hazardous farmyard materials. The competition area is used extensively by walkers and mountain bikers. Please respect other users. **Elite Courses:** WRE Classic distance race: W21E 70-80 ELT; M21E 90-100 ELT. Map scale 1:15,000.

Special Information: In the competition area, there has been an occurrence of *Pythothena Ramorum*, a deadly tree pathogen causing major problems in parts of Scotland. Recent felling has occurred – DO NOT enter felled areas marked as Out-of-Bounds by purple overprint. **See Biosecurity for more information.**

Day 6 (UKOL)

Sat 3rd August

Grandtully



Organising Clubs: GRAMP, KFO, RR
Organisers: Sam Gomersall & Lesley Gomersall (GRAMP)
Planners: Pete Lawrence & Zoe Griffin (GRAMP)
Controllers: Andy Oliver (MAROC) & Simon Gardner (CLYDE)

Directions: From the North or the South take the A9 to Ballinluig, then take the A827 towards Aberfeldy for approx 6km. The event parking is at the junction of the A827 and the B898.

Parking: Large flat field off the B898. Traders and toilets will be adjacent to parking. ALL cars to arrive by 12:00 and NO exit before 12:30.

Arena: Access via a rough track up a steep hill, approx 500m. Unsuitable for buggies. Toilets in the Parking field.

Starts: All: 2km walk on forest tracks and across fields. Stiles over fence crossings. **White/Green** start and **Red/Blue/Yellow** start separate, but adjacent to each other.

Maps: SS (2017) with updates by Terry O'Brien (2019). 1:10,000 for all courses.

Terrain: North facing hillside comprising predominantly open, mature birch woodland and open pasture. Some courses enter a small area of plantation woodland. Runnability is generally good - some areas of younger birch will slow progress and reduce visibility. Extensive areas of indistinct marsh mapped, however the visibility of this on the ground and impact on running speed will be dependent on rainfall in the run up to the event.

String Course: In the field just above the arena.

Safety Information: A burn near the starts is crossed twice by most adult courses; take care. Four main fences in the area will have crossing points installed, other sections will be marked uncrossable on the map and must not be crossed. A 2.2m high deer fence will be crossed by all courses at a mandatory crossing point

Elite Courses: Middle distance race: 30-35 ELT. Map scale 1:10,000. Seeded start with the highest ranked competitor from the previous 5 days starting last.

Junior courses: The area has few paths and tracks and as a result the TD1 and TD2 courses will, for a large part of the courses, follow fences and walls rather than paths and tracks. For all TD1-3 courses the underfoot conditions may be relatively slow going in places with wet feet a high probability. There will be one short section of taped route on TD1 and TD2 courses.

Wed 31st July Activities

Sprint Race (UKOL)

Venue: Macrosty Park and Crieff West. **Parking and Area:** in and adjacent to the car park and playing fields, Turretbank Road, Crieff (PH7 4LJ). **Organiser:** Chris Smithard (Masterplan Adventure, MA). **Controller:** Bill Stevenson (ESOC). **Planner:** Graham Gristwood (MA) **Start Times:** 10:30-13:30. SI timing (including Touch Free). **Map:** ISSOM 1:4,000 (courses 1&2), 1:3,000 (courses 3-7), 2.5m contours. Surveyed and drawn October 2018 by G Gristwood. **Terrain:** Mixture of runnable (but detailed) parkland with some steep slopes and a hilly urban area. **Courses:** Standard Urban League courses. **Winning Times:** Approx.15 min for all classes. **Prize giving:** 14:00 in Bandstand. **EOD:** limited availability - £12 senior, £6 junior.