



World Ranking Event
Friday 6th August 2021
Creag Dhubh
Bulletin 2 (Final Details)

Covid-19

Due to the ongoing Covid-19 pandemic, the arrangements for the WRE are different from normal and are subject to change should UK and/or Scottish Government regulations change at any time before the event.

More details are below. The main differences from normal are:

Reduced expected winning time

1:10 000 map

Race arrangements adapted to minimise risk of virus transmission

Competitor Integrity: the same area is being used on the previous day for Day 4 of the Scottish 6 Days. The WRE courses are NOT being run by any competitors on the previous day. We will only display blank maps in the WRE pre-start. In the interests of fairness, competitors MUST not look at maps from Day 4 competitors prior to the WRE race. We need to trust your honesty and sporting integrity in order to put on a WRE race under the unusual circumstances this year.

Contact Information

Email info@scottish6days.com

Website (including full details for Scottish 6 Days 2021 and start lists) www.scottish6days.com

Postal address National Orienteering Centre Glenmore Lodge Aviemore PH22 1QZ, Scotland

Urgent on-the-day contact

Colin Matheson 0781 4398145

Programme

Pre-event training There are no specific training opportunities provided. A list of permanent courses and MapRun courses in Scotland is available at:

<https://www.scottish-orienteering.org/get-involved/pocs/>

1st – 5th August Days 1 to 4 of Scottish 6 Days 'Lochaber 2021' [**Note:** because of ongoing Covid restrictions, competitors may only run on **three** of the 6 days; all WRE entrants will be

able to run in the WRE race on Day 5, irrespective of the allocation of days to their clubs; see [Lochaber 2021 – June Update : Scottish 6 Days](#)]

6th August

Long Distance WRE race at Creag Dhubh

7th August

Day 6 of Scottish 6 Days 'Lochaber 2021'

Venue

Creag Dhubh, 2km south-west of Newtonmore

Grid Reference (Assembly area): NN696979

UK Post Code: PH20 1BD

Latitude: 57.053748 Longitude: -4.148926

Directions

From Fort William follow A82 10 miles to Spean Bridge. Turn right onto A86 (signposted Newtonmore) and follow for 35 miles to grid reference NN698979 (1 mile before Newtonmore).

Event Services

- Adjacent to parking. This will contain: Help point; Download; First aid; Toilets
- To ensure a Covid-safe event there will be NO club tents, traders, results display, changing area, clothing/bag dump, commentary

Classes

M21E

W21E

Estimated Winning Times

80-85 minutes

65-70 minutes

Weather

August average weather in Newtonmore has daily min/max average temperature range 7-14°C, although temperatures can reach 25°C. Rain falls on average on 28 days in August. The current outlook for August suggests conditions close to average, although temperatures are likely to be above average.

Late Entries

No further entries can be accepted due to Covid restrictions on the size of the event.

Terrain

Creag Dhubh is on the southwest flanks of the hill Coille na Creige Duibhe. The southern slopes are open birch forest with limited visibility in summer, courses then climb onto open heather moorland and onto steep wooded slopes on the sides of the River Calder valley. Elevation on the map ranges from 250m to almost 700m.

The Event: Scottish 6 Days 2021

This is Day 5 of the Scottish 6 Days 2021, which has about 1000 entries per day. The Scottish 6 Days competition has three starts and one finish. The WRE uses a separate start, close to one of the 6 Days starts. The WRE shares the final control and finish with the main event. Competitors in the Scottish 6 Days have start times 1000-1400.

Race Numbers

Race numbers are the same as the number for the Scottish 6 Days. Any competitors who have not previously collected their race numbers will be able to do so in the Event Services area on Day 5.

Clothing

Under British Orienteering rules, the torso and legs must be fully covered.

Warm-up / model area (open 0930-1300)

On the route to the start adjacent to the arena. The route is shared with competitors going to the starts for the Scottish 6 Days. The area is an extract of the competition map, with controls. Maps to be collected/dropped off at the warm-up area, using the rubbish bag provided. Rubbish bags provided for water bottles etc.

Covid-secure racing

The event follows Scottish Government's Covid law and guidance. These are different from other UK administrations. Please check links to official Scottish Government Covid guidance on the event website and obey ALL guidelines. In particular;

- You **MUST** not attend if you have Covid symptoms or are self isolating.
- Hand sanitiser must be used where provided (starts, toilets etc)
- Maintain 1m social distance at all times outside your household group
- Face masks required if circumstances do not allow for 1m distancing
- Vulnerable people – please take extra precautions as appropriate to your condition

We are grateful to the landowners, farmers and local communities for allowing us to hold the event in current circumstances. Please respect the necessary low key nature of the event. Where possible avoid gathering in large groups at the event and in local communities.

Car sharing: Should be avoided unless essential. Cars can be shared with members in the same household (e.g. family or staying together).

Non-participating attendees not allowed unless young children, 'child minders' or co-drivers. No spectators allowed.

Start

700m (30m climb) from the exit from the car parking field/warm-up area. Exit from the car park is being controlled to prevent crowding at the start:

- Enter the Call-Up Area (CU) in the Event Services (ES) area before you go to your start.
- There will be a clock showing race time in the CU and Clear/ Check/ SIAC Battery Check/SIAC ON TEST.
- Avoid going to CU substantially before the recommended times to start.
- Then proceed to your start. Entry to the Start boxes is at -5. Loose control descriptions will be available in the start boxes.
- WRE runners will be allowed time to use the Warm Up / Model area before proceeding to the WRE Start.

Start times

Men from 1030-1330

Women from 1115-1230

3 minute intervals, in reverse World Ranking order (rankings as of 15/7/2021).

Start times have been published on the web site (address above).

The WRE is a **timed start** and competitors should arrive at the Pre Start in sufficient (but not excessive) time ready to Start. If a runner is late for their start then they will be permitted to start in the next available time this will normally be midway between other starters. The late start time will be recorded but only used for race time calculations if the delay was caused by a fault of the organiser. [Note that the Scottish 6 Days is using a punching start – this does not apply to the WRE courses].

Control Descriptions

Control descriptions are printed on maps. Loose descriptions will be available in the start lanes.

Controls

Some controls for the WRE are shared with the Scottish 6 Days, including the final control (code 100). All WRE controls and all Scottish 6 Days controls have three digits (eg 145, 201).

The final control is shared with the Scottish 6 Days, as is the run-in.

Course details ¹length of descriptions from the start triangle to the final control, inclusive

<i>Class</i>	<i>Course number</i>	<i>Start</i>	<i>Length (km)</i>	<i>Climb (m)</i>	<i>No. of controls</i>	<i>Scale</i>	<i>Map size (mm)</i>	<i>CD size (mm)</i>
W21E	2E	Elite	7.7	385	14	1:10 000	370x290	287x65 196x65 ¹
M21E	1	Elite	12.7	610	25	1:10 000	370x290	252x65 135x65 ¹

Timing system

SPORTident electronic punching will be used, with touch-free punching. The finish is not touch-free and **MUST** be punched manually.

Use of GPS devices

GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes. No live tracking will be undertaken.

Water

Water will NOT be provided in accordance with Covid secure arrangements for the event. Competitors should make their own arrangements to carry water if required. There are no drinkable streams on the area. No water is supplied at the finish.

Results and Prize giving

Provisional results will be published on the Scottish 6 Days results web page. After the last finisher and a cut off time of at least 30 minutes to allow for protests, the WRE results will be declared Final and submitted to the IOF. Due to Covid regulations, there will be no prize giving.

Map

1:10 000, 5m contour interval. ISOM2017. Survey, cartography (2018) and updates (2020,2021) by Steve Barrett, Stirling Surveys. The use of 1:10,000 for this race has been approved by the IOF Event Adviser. Printing by a4 design & print ltd, Inverness on waterproof paper. Maps are not bagged – competitors may wish to bring their own plastic bag in the event of wet weather.

This is a new area for orienteering, but it will have been used for Day 4 of the Scottish 6 Days on the previous day. Blanks maps will be NOT be displayed except in the start lane.

Safety

BOF Rule 1.7.1: All competitors take part entirely at their own risk.

The area contains ticks and Lyme Disease is present in Scotland. Please remove ticks after your run.

Officials

Planners John Tullie, Eb Rooney (RR), Helen Rowlands (GRAMP)
Day Organisers Paul Duley (GRAMP), Tim Darlow (RR)
Controllers Trevor Hoey (FVO), Tim Griffin (GRAMP)
IOF Advisor Ted Finch (FVO)
Event Director Colin Matheson (SOA)

Complaints

Any complaints must be made in writing to the organiser (via the Enquiries tent or by email to info@scottish6days.com) within 30 minutes of the final results being posted online. An extended time limit is provided due to Covid restrictions.

If a competitor is not content with the outcome of their complaint then they may raise the matter as a Protest which will be considered by the Jury. Any Protest shall be made in writing to the organiser no later than 30 minutes after the organiser has informed the complainant of the decision about the Complaint.

Jury members

- Ted Finch (IOF Event Advisor and non-voting Chair)
 - Other jurors to be selected from a pool, which is currently being formed
 - Due to the Covid requirements for all competitors to leave the event soon after completing their runs, the jury is likely to be convened via phone/video conferencing.
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